

## Air Products 10k 2010

| Pos | Time     | Name               | Club                          | Cat            | Race No |
|-----|----------|--------------------|-------------------------------|----------------|---------|
| 1   | 00:31:00 | CLOWES, Matt       | Staffordshire Moorlands AC    | Senior Men     | 5       |
| 2   | 00:31:01 | DALKINS, Mark      | bourne sports                 | Senior Men     | 17      |
| 3   | 00:31:25 | BEIER, Daniel      | Tipton Harriers               | Senior Men     | 237     |
| 4   | 00:32:08 | DOUGLAS, James     | Charnwood AC                  | Senior Men     | 448     |
| 5   | 00:32:52 | LEWIS, Martin      | Poole Runners                 | Senior Men     | 476     |
| 6   | 00:32:53 | CLAFF, Michael     | Kent AC                       | Senior Men     | 14      |
| 7   | 00:33:10 | HOLROYD, Ryan      | Staffordshire Moorlands AC    | Senior Men     | 273     |
| 8   | 00:33:26 | DOYLE, Stuart      | Vale Royal                    | Senior Men     | 497     |
| 9   | 00:33:27 | WILTON, Andy       | Staffordshire Moorlands AC    | Men Over 45    | 294     |
| 10  | 00:33:50 | YOUNG, Daniel      | Unattached                    | Senior Men     | 240     |
| 11  | 00:33:54 | YATES, Ian         | Trentham RC                   | Senior Men     | 51      |
| 12  | 00:34:07 | PROUDLOVE, Mike    | City of Stoke AC              | Men Over 40    | 41      |
| 13  | 00:34:16 | PROSSER, Steven    | Bishop Stortford Running Club | Senior Men     | 467     |
| 14  | 00:35:18 | BAMBER, Zack       | Vale Royal                    | Senior Men     | 263     |
| 15  | 00:35:20 | SALT, Ian          | Uttoxeter RR                  | Senior Men     | 265     |
| 16  | 00:35:21 | ROBERTS, Dewi      | Abergele Harriers             | Men Over 40    | 407     |
| 17  | 00:35:23 | JAMES, Ian         | Wrexham AC                    | Men Over 45    | 454     |
| 18  | 00:35:26 | THOMAS, Keith      | Burnden Road Runners          | Men Over 50    | 30      |
| 19  | 00:35:39 | ROBERTS, Gareth    | Abergele Harriers             | Men Over 40    | 408     |
| 20  | 00:35:45 | BURGESS, Jason     | Unattached                    | Senior Men     | 26      |
| 21  | 00:35:54 | LONGLEY, Dean      | Prestatyn Running Club        | Senior Men     | 10      |
| 22  | 00:36:11 | ROWE, Alex         | Wesham Road Runners           | Men Over 50    | 42      |
| 23  | 00:37:02 | VALENTINE, Henry   | South Cheshire Harriers       | Senior Men     | 18      |
| 24  | 00:37:08 | HUNTER, Richard    | Shropshire Shufflers          | Senior Men     | 481     |
| 25  | 00:37:16 | LAVER, Toby        | Unattached                    | Senior Men     | 37      |
| 26  | 00:37:21 | EVANS, Chris       | Wrexham AC                    | Senior Men     | 271     |
| 27  | 00:37:23 | HAIRE, Mick        | Boalloy AC                    | Men Over 45    | 45      |
| 28  | 00:37:24 | MAHER, Peter       | Vale Royal                    | Men Over 55    | 43      |
| 29  | 00:37:43 | NICHOLLS, George   | Prestatyn Running Club        | Men Over 40    | 11      |
| 30  | 00:37:45 | WOODLAND, Roy      | Unattached                    | Men Over 50    | 235     |
| 31  | 00:37:49 | TWISS, Ivor        | South Cheshire Harriers       | Men Over 50    | 274     |
| 32  | 00:37:52 | SULLIVAN, David    | Eastleigh                     | Men Over 45    | 474     |
| 33  | 00:37:54 | TURNOCK, Martin    | Unattached                    | Senior Men     | 283     |
| 34  | 00:37:55 | DIPPPIE, Andrew    | Telford Harriers              | Men Over 50    | 482     |
| 35  | 00:37:57 | BARKER, Terry      | South Cheshire Harriers       | Men Over 40    | 402     |
| 36  | 00:37:58 | JOHNSON, Sarah     | Trentham RC                   | Senior Ladies  | 3       |
| 37  | 00:38:07 | HALLOWAY, Thomas   | Staffordshire Moorlands AC    | Senior Men     | 278     |
| 38  | 00:38:14 | DODD, Mark         | Ellesmere Port                | Senior Men     | 297     |
| 39  | 00:38:25 | WILLIAMS, Russell  | Cheadle Running Club          | Men Over 45    | 443     |
| 40  | 00:38:29 | MORRIS, David      | Unattached                    | Senior Men     | 256     |
| 41  | 00:38:30 | FOWLER, Terry      | Buxton AC                     | Men Over 40    | 286     |
| 42  | 00:38:30 | MURRAY, Raphael    | Macclesfield Harriers         | Men Over 55    | 44      |
| 43  | 00:38:34 | POVER, Alan        | Stockport Harriers            | Men Over 60    | 242     |
| 44  | 00:38:38 | PILLING, Rob       | Unattached                    | Senior Men     | 4       |
| 45  | 00:38:50 | ABEL, David        | Unattached                    | Men Over 50    | 446     |
| 46  | 00:38:51 | STOCK, Tim         | Macclesfield Harriers         | Men Over 45    | 264     |
| 47  | 00:38:57 | AKPAN, Matthew     | Unattached                    | Senior Men     | 447     |
| 48  | 00:38:59 | BUCKLE, Michelle   | Newcastle AC                  | Senior Ladies  | 279     |
| 49  | 00:39:18 | ABRAM, Barry       | Wigan Phoenix                 | Men Over 45    | 272     |
| 50  | 00:39:25 | MULLLINER, Charlie | Unattached                    | Men Over 40    | 492     |
| 51  | 00:39:33 | COLEMAN, Stephen   | Astley & Tydesley             | Men Over 45    | 487     |
| 52  | 00:40:02 | LAMPLOUGH, Kath    | Macclesfield Harriers         | Senior Ladies  | 293     |
| 53  | 00:40:09 | WILSON, Robert     | Whitchurch Whippets           | Senior Men     | 473     |
| 54  | 00:40:14 | PARRROT, John      | Stockport Harriers            | Men Over 50    | 290     |
| 55  | 00:40:20 | CALLAGHAN, Lynne   | Trentham RC                   | Ladies Over 35 | 424     |
| 56  | 00:40:22 | COWIE, Guy         | Unattached                    | Men Over 40    | 291     |
| 57  | 00:40:25 | BRANNAN, Jason     | Racing TNT                    | Senior Men     | 455     |

|     |          |                                 |                               |                |     |
|-----|----------|---------------------------------|-------------------------------|----------------|-----|
| 58  | 00:40:27 | CARROLL, Michael                | Vale Royal                    | Senior Men     | 478 |
| 59  | 00:40:37 | HARRISON, Rebecca               | Cheadle RC                    | Senior Ladies  | 260 |
| 60  | 00:40:42 | CUTHBERTSON, Paul               | Unattached                    | Senior Men     | 239 |
| 61  | 00:40:57 | PLATT, Martin                   | Macclesfield Harriers         | Men Over 50    | 245 |
| 62  | 00:41:14 | JONES, Colin                    | Whitchurch Whippets           | Senior Men     | 475 |
| 63  | 00:41:18 | WILLIAMS, Daniel                | Unattached                    | Senior Men     | 329 |
| 64  | 00:41:23 | RICHARDS, Barry                 | Swinton Running Club          | Men Over 45    | 2   |
| 65  | 00:41:34 | WILSON, David                   | Unattached                    | Senior Men     | 39  |
| 66  | 00:41:42 | KILCOURSE, Mike                 |                               | Men Over 45    | 8   |
| 67  | 00:41:53 | EHLEN, Brad                     | Spectrum Striders             | Senior Men     | 480 |
| 68  | 00:41:56 | CARROLL, John                   | Vale Royal                    | Men Over 45    | 477 |
| 69  | 00:42:03 | RATHBONE, Colin                 | Vale Royal                    | Men Over 65    | 323 |
| 70  | 00:42:22 | ELWELL, Michael                 | Cobra Running Club            | Men Over 55    | 282 |
| 71  | 00:42:23 | BOOTH, John                     | South Cheshire Harriers       | Men Over 55    | 267 |
| 72  | 00:42:26 | BLOOR, Kenneth                  | Trentham RC                   | Men Over 45    | 406 |
| 73  | 00:42:34 | MCKINNEY, Nick                  |                               | Men Over 50    | 21  |
| 74  | 00:43:00 | CORDEN, Steven                  | Unattached                    | Senior Men     | 463 |
| 75  | 00:43:01 | BEN-ACCOM, Matthew              | Unattached                    | Senior Men     | 470 |
| 76  | 00:43:02 | THORNEYCROFT, Sam               | Unattached                    | Senior Men     | 23  |
| 77  | 00:43:03 | VERNON, Jeremy                  | Unattached                    | Senior Men     | 439 |
| 78  | 00:43:08 | YOUNG, Melanie                  | Newcastle AC                  | Senior Ladies  | 281 |
| 79  | 00:43:19 | LEOPARD, Daniel                 | Unattached                    | Senior Men     | 437 |
| 80  | 00:43:19 | DAVIES, Neil                    | Unattached                    | Men Over 50    | 422 |
| 81  | 00:43:20 | UTTON, Damian                   | Altrincham AC                 | Men Over 45    | 292 |
| 82  | 00:43:20 | MAYERS, Rob                     | South Cheshire Harriers       | Men Over 45    | 498 |
| 83  | 00:43:22 | PERCIVAL, John                  | Unattached                    | Men Over 50    | 29  |
| 84  | 00:43:32 | WELCH, John                     |                               | Men Over 45    | 465 |
| 85  | 00:43:35 | KEYWORTH, Chris                 | Unattached                    | Senior Men     | 413 |
| 86  | 00:43:46 | HAYNES, Tom                     | South Cheshire Harriers       | Senior Men     | 269 |
| 87  | 00:43:49 | HUNTBAACH, Rob                  | Unattached                    | Men Over 45    | 410 |
| 88  | 00:43:58 | STEWART, Richard                | Whitchurch Whippets           | Men Over 50    | 255 |
| 89  | 00:44:15 | LOFKIN, Nigel                   | Unattached                    | Men Over 45    | 287 |
| 90  | 00:44:31 | ENJUANES, Andrew (Air Products) | Unattached                    | Senior Men     | 404 |
| 91  | 00:44:34 | GIDDINGS, Charlotte             | Whitchurch Whippets           | Senior Ladies  | 31  |
| 92  | 00:44:38 | BARLOW, Simon                   |                               | Senior Men     | 54  |
| 93  | 00:44:38 | ESCOLME, Michael                | Sandbach Striders & Strollers | Senior Men     | 13  |
| 94  | 00:44:45 | BARNES, Toby                    | Unattached                    | Senior Men     | 420 |
| 95  | 00:44:50 | HILLMAN, Jamie                  | South Cheshire Harriers       | Senior Men     | 494 |
| 96  | 00:44:53 | MITHEN, Dirk                    | Unattached                    | Men Over 40    | 483 |
| 97  | 00:44:59 | GREEN, John                     | Staffordshire Moorlands AC    | Men Over 40    | 166 |
| 98  | 00:45:06 | FAIRS, Steven                   | Telford Harriers              | Men Over 40    | 47  |
| 99  | 00:45:16 | WOOD, Ellie                     | PENSBY RUNNERS                | Senior Ladies  | 438 |
| 100 | 00:45:16 | MARSDEN, Andrew                 |                               | Senior Men     | 55  |
| 101 | 00:45:17 | KELSO-DAVIES, Rick              | Sandbach Striders & Strollers | Senior Men     | 254 |
| 102 | 00:45:19 | PAXTON, Carol                   | Unattached                    | Senior Ladies  | 253 |
| 103 | 00:45:27 | EVANS, Charlie                  | Unattached                    | Senior Men     | 238 |
| 104 | 00:45:37 | COOPER, Russ                    | Mowcop Runners                | Men Over 50    | 48  |
| 105 | 00:45:39 | HOPPER, Nigel                   | Biddulph Running Club         | Men Over 40    | 35  |
| 106 | 00:45:42 | LILBURN, Alex                   | Buxton AC                     | Senior Men     | 25  |
| 107 | 00:45:43 | PIGGOTT, Ade                    |                               | Men Over 40    | 285 |
| 108 | 00:46:00 | WHITE, Phil                     | blackburn rr                  | Men Over 55    | 289 |
| 109 | 00:46:01 | OLDFIELD, Neil                  | Stafford Harriers             | Senior Men     | 12  |
| 110 | 00:46:01 | WILSON, Rosemary                | Trentham RC                   | Ladies Over 50 | 440 |
| 111 | 00:46:06 | CHADDOCK, Chris                 | Unattached                    | Senior Men     | 441 |
| 112 | 00:46:13 | ROGERS, Gerry                   | STYAL running club            | Men Over 55    | 50  |
| 113 | 00:46:25 | HOLDCROFT, Clare                | Mowcop Runners                | Ladies Over 35 | 485 |
| 114 | 00:46:33 | WHITMORE, Miles                 | Helsby Running Club           | Senior Men     | 171 |
| 115 | 00:46:38 | HORTON, Michael                 | Boalloy AC                    | Men Over 60    | 190 |
| 116 | 00:46:41 | EARP, Colin                     | South Cheshire Harriers       | Men Over 60    | 28  |

|     |          |                              |                                   |                |     |
|-----|----------|------------------------------|-----------------------------------|----------------|-----|
| 117 | 00:46:46 | BAGNALL, Amie                | Prestatyn Running Club            | Senior Ladies  | 9   |
| 118 | 00:46:54 | LEES, Adrian                 | Unattached                        | Men Over 40    | 421 |
| 119 | 00:47:03 | PATERSON, Kelly              | Manchester Triathlon Club         | Senior Ladies  | 430 |
| 120 | 00:47:10 | RIMINGTON, David             | Unattached                        | Senior Men     | 445 |
| 121 | 00:47:15 | AZAKLI, Cem                  | Unattached                        | Men Over 40    | 444 |
| 122 | 00:47:20 | HARGREAVES, Steven           | South Cheshire Harriers           | Men Over 55    | 414 |
| 123 | 00:47:24 | LEE, Nigel                   | Newcastle AC                      | Men Over 55    | 251 |
| 124 | 00:47:30 | WOOLRICH, Mark               | N Staffs Road Running Association | Men Over 45    | 425 |
| 125 | 00:47:39 | LENTON, Jennie               | Unattached                        | Senior Ladies  | 16  |
| 126 | 00:47:47 | WILSON, Fiona                | Unattached                        | Ladies Over 45 | 426 |
| 127 | 00:47:54 | METCALFE, Holly              | Unattached                        | Senior Ladies  | 252 |
| 128 | 00:47:56 | JACKSON, Emma                | Unattached                        | Senior Ladies  | 493 |
| 129 | 00:48:08 | TWEEDIE, Rachel              | Newcastle AC                      | Ladies Over 35 | 49  |
| 130 | 00:48:10 | HOUGH, Grace                 | Telford Harriers                  | Ladies Over 60 | 417 |
| 131 | 00:48:13 | LOVEDAY, Annette             | Unattached                        | Ladies Over 45 | 236 |
| 132 | 00:48:16 | COOMBS, Greg                 | Unattached                        | Senior Men     | 450 |
| 133 | 00:48:18 | GOREHAM, Ruth                | Staffordshire Moorlands AC        | Ladies Over 40 | 165 |
| 134 | 00:48:36 | TWEEDIE, Rachel              | Newcastle AC                      | Ladies Over 35 | 49  |
| 135 | 00:48:37 | CONSTERDINE-TILLEY, Victoria | Stoke AC                          | Senior Ladies  | 57  |
| 136 | 00:48:40 | WILLIAMS , Helen Jayne       | South Cheshire Harriers           | Ladies Over 35 | 401 |
| 137 | 00:48:54 | WILKINSON, Stephen           | Wesham Road Runners               | Men Over 55    | 246 |
| 138 | 00:48:56 | WYATT, Perry                 | Sandbach Striders & Strollers     | Men Over 50    | 459 |
| 139 | 00:49:00 | WHITTINGTON, Harvey          | Unattached                        | Senior Men     | 306 |
| 140 | 00:49:06 | JONES, Ian                   | Unattached                        | Senior Men     | 427 |
| 141 | 00:49:10 | POWNEY, Louise               | Unattached                        | Senior Ladies  | 22  |
| 142 | 00:49:13 | RILEY, John                  | Northern Vets AC                  | Men Over 70    | 56  |
| 143 | 00:49:21 | CAMPBELL, David              | Congleton Harriers                | Men Over 45    | 24  |
| 144 | 00:49:25 | MITCHELSON, Simon            | Unattached                        | Senior Men     | 433 |
| 145 | 00:49:39 | MAYELL, Tom                  | Sandbach Striders & Strollers     | Senior Men     | 34  |
| 146 | 00:49:48 | POWNALL, Roy                 | Wilmslow AC                       | Men Over 60    | 280 |
| 147 | 00:49:54 | PARSONS, Terence             | Centurion RC                      | Senior Men     | 296 |
| 148 | 00:49:54 | RICHARDS, Jason              | Tipton Harriers                   | Men Over 40    | 295 |
| 149 | 00:50:02 | JENKINSON, Alan              | STYAL running club                | Men Over 60    | 288 |
| 150 | 00:50:05 | LOCKETT, Laura               | Unattached                        | Senior Ladies  | 457 |
| 151 | 00:50:13 | GRAHAM, Tom                  | Unattached                        | Men Over 55    | 262 |
| 152 | 00:50:27 | BUSSELL, Simon               | Unattached                        | Men Over 45    | 491 |
| 153 | 00:50:29 | BELLAIRS, Gill               | Unattached                        | Ladies Over 40 | 490 |
| 154 | 00:50:33 | BELLAIRS, Steven             | Unattached                        | Men Over 55    | 489 |
| 155 | 00:50:35 | PETTITT, Richard             | Vale Royal                        | Men Over 50    | 499 |
| 156 | 00:50:40 | WHITMORE, Patrick            | Holmes Chapel Harriers            | Senior Men     | 192 |
| 157 | 00:50:43 | BOOTH, Chris                 | Unattached                        | Senior Men     | 468 |
| 158 | 00:51:01 | GRANT, Chris                 | Unattached                        | Men Over 45    | 453 |
| 159 | 00:51:12 | WATERHOUSE, Kate             | Whitchurch Whippets               | Senior Ladies  | 241 |
| 160 | 00:51:22 | PAUL, Kelly                  | Unattached                        | Senior Ladies  | 412 |
| 161 | 00:51:38 | SALT, Carl                   | Unattached                        | Senior Men     | 259 |
| 162 | 00:51:40 | CHESWORTH, Deborah           | Unattached                        | Senior Ladies  | 266 |
| 163 | 00:51:44 | BAKER, Susan                 | Cheadle RC                        | Ladies Over 50 | 276 |
| 164 | 00:52:02 | WILLIAMS, Carole             | Vale Royal                        | Ladies Over 55 | 500 |
| 165 | 00:52:07 | WYATT, Eliot                 | Unattached                        | Senior Men     | 244 |
| 166 | 00:52:13 | BIRKENHEAD, Gary             | Unattached                        | Men Over 40    | 464 |
| 167 | 00:52:26 | MCCLELLAND, Margaret         | Unattached                        | Ladies Over 50 | 1   |
| 168 | 00:52:32 | BURROWS, Nick                | Unattached                        | Senior Men     | 409 |
| 169 | 00:52:59 | CANT, Robert                 | Spectrum Striders                 | Men Over 45    | 479 |
| 170 | 00:53:00 | GREEN, Jan                   | Unattached                        | Ladies Over 55 | 415 |
| 171 | 00:53:16 | ASHELEY, Philip              | Unattached                        | Men Over 45    | 38  |

|     |          |                     |                                   |                |     |
|-----|----------|---------------------|-----------------------------------|----------------|-----|
| 172 | 00:53:19 | CHIDLOW, Richard    | Unattached                        | Senior Men     | 419 |
| 173 | 00:53:31 | JEAL, Mary          | Denbigh Harriers                  | Ladies Over 45 | 248 |
| 174 | 00:53:35 | VALENTINE, Hannah   | South Cheshire Harriers           | Senior Ladies  | 19  |
| 175 | 00:53:35 | VALENTINE, Rob      | South Cheshire Harriers           | Men Over 40    | 20  |
| 176 | 00:53:36 | WILLIAMS, David     | Unattached                        | Men Over 40    | 40  |
| 177 | 00:53:47 | FAULKNER, Trevor    | Wilmslow RC                       | Men Over 65    | 277 |
| 178 | 00:53:53 | DAVIDSON, Maddie    | South Cheshire Harriers           | Ladies Over 40 | 250 |
| 179 | 00:53:53 | HUGHES, Gareth      | Unattached                        | Senior Men     | 15  |
| 180 | 00:54:14 | GIDLOW, Sarah       | Unattached                        | Senior Ladies  | 460 |
| 181 | 00:54:22 | DAVIES, Emily       | Unattached                        | Senior Ladies  | 284 |
| 182 | 00:54:37 | HYDER, Nasser       | Unattached                        | Men Over 50    | 449 |
| 183 | 00:54:38 | TEMPLE, Andrew      | Unattached                        | Senior Men     | 434 |
| 184 | 00:54:46 | STEWART, Heather    | Whitchurch Whippets               | Senior Ladies  | 257 |
| 185 | 00:54:48 | ROGERS, Sara        | Wrekin Road Runners               | Ladies Over 40 | 189 |
| 186 | 00:55:30 | NOBLE, David        | Baildon Runners                   | Men Over 55    | 356 |
| 187 | 00:55:47 | BRADLEY, Carole     | Unattached                        | Ladies Over 40 | 442 |
| 188 | 00:55:49 | HANCOCKS, Adam      | Unattached                        | Senior Men     | 33  |
| 189 | 00:55:56 | WAINWRIGHT, Craid   | Unattached                        | Senior Men     | 32  |
| 190 | 00:55:57 | BAILEY, Matthew     | Unattached                        | Senior Men     | 451 |
| 191 | 00:56:15 | SMALL, Stephanie    | Newcastle Tri Club                | Ladies Over 45 | 495 |
| 192 | 00:56:27 | WHITMORE, Mark      | Holmes Chapel Harriers            | Men Over 45    | 170 |
| 193 | 00:56:40 | KILCOURSE, Mike     |                                   | Men Over 45    | 8   |
| 194 | 00:56:45 | REYNOLDS, Rob       | Unattached                        | Men Over 45    | 418 |
| 195 | 00:57:12 | SADLER, Andrew      | Unattached                        | Senior Men     | 466 |
| 196 | 00:57:33 | HUNTBACH, Stephen   | Unattached                        | Men Over 40    | 423 |
| 197 | 00:57:41 | COTTON, Andrew      | Muller RC                         | Men Over 40    | 53  |
| 198 | 00:57:48 | SMITH, Dennis       | Unattached                        | Men Over 65    | 488 |
| 199 | 00:57:59 | SMITH, David        | Unattached                        | Men Over 40    | 52  |
| 200 | 00:58:15 | HAIGH, Michelle     | South Cheshire Harriers           | Senior Ladies  | 435 |
| 201 | 00:58:22 | DINES, Elaine       | Whitchurch Whippets               | Ladies Over 35 | 416 |
| 202 | 00:59:00 | BILLINGTON, Ray     | Wrexham AC                        | Men Over 70    | 173 |
| 203 | 00:59:35 | TWISS, Nicola       | South Cheshire Harriers           | Senior Ladies  | 275 |
| 204 | 00:59:56 | MITCHELSON, Rebecca | Unattached                        | Senior Ladies  | 432 |
| 205 | 01:00:23 | RODGERS, Janette    | South Cheshire Harriers           | Ladies Over 45 | 298 |
| 206 | 01:00:24 | CHEETHAM, Kerry     | Unattached                        | Ladies Over 35 | 247 |
| 207 | 01:01:03 | EARP, Gael          | N Staffs Road Running Association | Ladies Over 45 | 27  |
| 208 | 01:01:36 | PRIDDY, David       | Datchet Dashers                   | Men Over 45    | 243 |
| 209 | 01:01:44 | MITHEN, Deanna      | Unattached                        | Ladies Over 40 | 484 |
| 210 | 01:04:38 | UPHAM, Colin        | Unattached                        | Men Over 60    | 431 |
| 211 | 01:07:09 | Simpson Louise      | Unattached                        | Ladies Over 40 | 300 |
| 212 | 01:07:09 | EVANS, Jan          | South Cheshire Harriers           | Ladies Over 40 | 299 |
| 213 | 01:11:21 | BRIGHT, Ria         | Saddleworth Road Runners          | Ladies Over 40 | 270 |
| 214 | 01:15:08 | LING, Kathy         | Wrekin Road Runners               | Ladies Over 65 | 411 |