

## South Cheshire 20

Sunday 10 May 2009. 9:30 am

Pos	Time	Name	NSRRA	Team	Age Category
1	1:50:25	WILLIAMS, Martin		Tipton Harriers	
2	2:00:52	BRIGGS, Gareth		Staffordshire Moorlands AC	
3	2:03:28	JAMES, Ian		Wrexham AC	Men Over 45
4	2:06:14	BAKER, Richard		South Cheshire Harriers	
5	2:08:18	JOHNSTON, Paul		Stockport Harriers	
6	2:08:35	BURSLEM 255, Paul	255	Trentham Running Club	Men Over 40
7	2:11:29	DOOLEY, Joe		East Cheshire Harriers	Men Over 40
8	2:13:37	HARRIS, Adrian		Radcliffe AC	Men Over 50
9	2:14:49	QUINCEY, Duncan		Deeside A AC	
10	2:15:29	SAINT-DUNN, Mike		Stafford Harriers	
11	2:17:55	HARDEN, Robert			
12	2:18:00	DUNNING 106, Nick	106	South Cheshire Harriers	Men Over 40
13	2:18:11	ARMSTRONG, Tom		Vale Royal AC	
14	2:18:22	COUCHMAN, Simon			
15	2:18:43	HURST, Tony			Men Over 45
16	2:18:47	RAMSDEN, Scott		CLW00211	
17	2:19:39	MOULTON 156, Carl	156	Boalloy Running Club	
18	2:19:49	CUNLIFFE, Graham		Wesham Road Runners	Men Over 50
19	2:20:04	JELLYMAN 126, Keith	126	Teignbridge Trotters	Men Over 45
20	2:21:26	BLOOR 562, Kenneth	562	Trentham Running Club	Men Over 45
21	2:22:00	AARTSE-TUYN 34, Guy	34	North Staffs Road Runners Assoc	Men Over 40
22	2:22:34	FIELDHOUSE, David			
23	2:22:49	DAVIES, Lucy			
24	2:25:17	CHESTERS, Graham		Middleton Harriers	Men Over 45
25	2:25:42	WILSON, Gary		Radcliffe AC	Men Over 40
26	2:25:47	MCCABE, John		Stockport Harriers	
27	2:25:58	HOUGH, Robert		Spectrum Striders	
28	2:26:27	MCKEOWN, John			
29	2:26:34	SIMPSON 109, James	109	South Cheshire Harriers	
30	2:26:58	HOLLINSHEAD, Monique		Dewsbury Road Runners	Women Over 40
31	2:27:14	BAYLISS, Graham			Men Over 45
32	2:27:32	EARDLEY 108, Paul	198	Newcastle AC	Men Over 40
33	2:27:47	COPE 289, Amy	289	Stone Master Marathoners	
34	2:27:56	DALE, Luke			
35	2:27:57	SKELTON, Keith		Stafford Harriers	Men Over 40
36	2:28:33	RIVERS, Stephen			
37	2:28:45	COONAN, Caren		Ashbourne	Women Over 35
38	2:29:10	TWISS 123, Ivor	123	South Cheshire Harriers	Men Over 50
39	2:29:20	KELLETT, Robert		Royton Road Runners	Men Over 40
40	2:29:23	COPE 400, Grahame	400	Uttoxeter Road Runners	
41	2:29:41	SMITH 290, Barry	290	Newcastle AC	Men Over 40
42	2:29:47	DAUGHERTY, Duane			Men Over 45
43	2:29:53	THOMPSON, Andrew		Chase Harriers	Men Over 40
44	2:29:59	BENTLEY, Mark		Stafford Harriers	Men Over 45
45	2:30:08	HOUSE, Gary			
46	2:30:41	SHEPHERD, David			Men Over 40
47	2:30:57	REID, Chris		St Helens Striders	Men Over 45
48	2:32:00	DAVIES, Andy			
49	2:33:39	ROBERTSON, David		UK Net Runner	Men Over 40
50	2:34:06	HILL, Keith		Westbury Harriers	Men Over 45
51	2:34:53	CUMMINGS 8, Rob	8	South Cheshire Harriers	Men Over 40
52	2:36:04	BAINES, Garry		Astley & Tyldesley RC	Men Over 50
53	2:36:38	UZZELL 354, Kevin	354	Stone Master Marathoners	Men Over 60
54	2:37:00	JORDAN, Mark			Men Over 45
55	2:37:11	FALLOWS, Jonathan			Men Over 40
56	2:37:28	GHOORUN, Nigel			
57	2:37:44	WILKES, Tony		Stone Master Marathoners	Men Over 50
58	2:37:57	WATSON, Gerard		Sunderland Strollers	
59	2:39:45	MCGLOIN, Ray		Lostock RC	Men Over 50

60	2:39:51	LOVICK, Paul			
61	2:39:55	BROOKS, Richard		Cobra AC	Men Over 40
62	2:39:58	WHINCUP, Steven		South Cheshire Harriers	Men Over 45
63	2:40:08	HAMER, Steve		Radcliffe AC	Men Over 50
64	2:40:55	BULLEY, Jason		Sandbach Striders	Men Over 40
65	2:41:29	REASON, Dan		Astley & Tyldesley RC	
66	2:41:34	CUNLIFFE, Michael		Radcliffe AC	Men Over 40
67	2:42:28	BARKER 511, Ros	511	Stone Master Marathoners	Women Over 45
68	2:42:39	CLEMENS 433, John	433	Stone Master Marathoners	Men Over 60
69	2:42:51	PREECE 494, David	494	Stafford Harriers	Men Over 50
70	2:43:21	TAYLOR, Carl			
71	2:43:33	GODFREY 83, Carol	83	South Cheshire Harriers	Women Over 35
72	2:44:43	FAIRFIELD, James		East Cheshire Harriers	
73	2:44:50	STIRNA 430, Martin	430	South Cheshire Harriers	Men Over 55
74	2:44:58	MCCLOUGHLIN, Ian		Liverpool Running Club	
75	2:45:32	MONRO, Martin			
76	2:45:33	YARROW, Tom			
77	2:45:35	BEBBINGTON, Guy			
78	2:46:03	BARFORD, Eric			Men Over 40
79	2:46:36	BLOUNT 145, Jason	145	Newcastle AC	
80	2:46:39	CLARK, Robert			Men Over 50
81	2:46:58	COOKE 110, Jim	110	Staffordshire Moorlands AC	Men Over 45
82	2:47:18	ESCOLME, Michael		Sandbach Striders	
83	2:47:28	DONAGHEY, Shaun			Men Over 45
84	2:47:33	BROWN, Gareth			
85	2:47:33	DUXBURY, Kevin			
86	2:48:19	SMITH 342, Eddie	342	Stafford Harriers	Men Over 55
87	2:48:20	YATES 4, Rachel	4	Stone Master Marathoners	Women Over 35
88	2:49:04	BARBER, Rob			
89	2:49:18	GRUNDY, Allison		Tattenhall Road Runners	
90	2:50:18	MOUNTFORD, Jason			
91	2:50:56	SMITH, Chris		Michelin AC	
92	2:51:07	HO, Steve		Manchester Tri	
93	2:51:13	HIRST, John		Stainland Lions	Men Over 40
94	2:51:41	DUFFY 76, Therezia	76	Wolverhampton & Bilston AC	Women Over 50
95	2:51:59	EDWARDS, Andrew			
96	2:52:20	HUGHES 328, Mark	328	Trentham Running Club	Men Over 50
97	2:52:32	WARD, Kath		Stockport Harriers	Women Over 45
98	2:52:32	HOLLAND, Susan		Goyt Valley Striders	Women Over 45
99	2:53:00	BISHOP, Rob		Bedford Harriers	Men Over 50
100	2:53:04	OWEN, Chris			
101	2:53:35	WILSON, Scott		Wombwell SAC	
102	2:53:42	COOKE, Peter		Wesham Road Runners	Men Over 50
103	2:54:09	MIDDLETON, Neil		Trentham Running Club	Men Over 60
104	2:54:29	SYMMS 26, Nigel	26	Newcastle AC	Men Over 40
105	2:54:32	ASHWOOD, Keith			Men Over 55
106	2:54:34	FIANDER, Robin		Bedford Harriers	Men Over 55
107	2:54:44	FARRINGTON, Des			Men Over 40
108	2:54:46	KELLY, Carolyn		Cobra AC	
109	2:55:00	COULSON, Sophie		Swinton Running Club	
110	2:55:05	DAVIES 33, Karen	33	Stafford Harriers	Women Over 45
111	2:55:12	WILSON, Katie		Deeside A AC	
112	2:55:16	ROGERS, Tom		West Bromwich Harriers	Men Over 45
113	2:55:19	STEVENSON 183, Bill	183	Michelin AC	Men Over 45
114	2:55:31	DAVIES, Ivan		Helsby AC	
115	2:55:33	REID 69, Russell	69	Uttoxeter Road Runners	Men Over 50
116	2:55:48	MADDERS, David		Helsby AC	
117	2:55:57	COSTELLO, Paul		Stainland Lions	Men Over 45
118	2:57:06	MORRIS, Andy			
119	2:57:43	FOSTER, John		Hyde Village Striders	Men Over 40
120	2:58:08	CHALMERS, Ian		Avon Valley Runners	Men Over 40

121	2:58:23	SALINS, Martin			Men Over 40
122	2:58:53	ASHTON, Jeff		Spectrum Striders	Men Over 50
123	2:58:57	GOSS 336, Keith	336	Uttoxeter Road Runners	Men Over 55
124	2:59:07	CHOUDHARY, Karen			Women Over 40
125	2:59:16	EDWARDS, Tom			Men Over 50
126	2:59:51	KAY, Allan		100 Marathon Club	Men Over 60
127	3:01:26	CROOKALL, Paul			Men Over 50
128	3:01:43	MARTIN, Karl		Stainland Lions	
129	3:02:49	PHEASANT 382, Colin	382	Chase Harriers	Men Over 50
130	3:04:00	BASSAM, Steve			Men Over 55
131	3:05:53	POWELL, Barry			Men Over 45
132	3:05:54	COATHUP, Neil			
133	3:06:34	SHELLEY, Prue		Fell Runners Association	
134	3:06:58	MCCALMAN, Finlay		UKA	Men Over 45
135	3:07:19	DIXON, Karen			Women Over 45
136	3:07:39	CLARKE, Richard			
137	3:08:22	CARROLL, Patrick		British Military Fitness	
138	3:08:50	FINDLER 261, Robert	261	Newcastle AC	Men Over 45
139	3:08:59	HELME, Elaine		Hyde Village Striders	Women Over 40
140	3:09:12	PILLINER, Mark			Men Over 40
141	3:10:03	BEATTIE, Darren			
142	3:10:20	DE BIRCH, Mercedes		Sunderland Strollers	
143	3:11:14	WALKER, Lee		Mossley Hill AC	Men Over 40
144	3:11:14	BAMBER, Clare		Mossley Hill AC	
145	3:12:21	GLEESON, Joanna		Shropshire Shufflers	
146	3:13:12	WILLIAMS 186, Ann	186	North Staffs Road Runners Assoc	Women Over 40
147	3:13:52	JONES 584, Michael	584	Stafford Harriers	Men Over 60
148	3:14:48	FOSTER, Karen		Hyde Village Striders	Women Over 40
149	3:17:31	SHAW 284, Tom	284	Michelin AC	
150	3:18:56	HEUSTON, Eileen			Women Over 40
151	3:19:33	HURST, Tara			
152	3:21:51	CLOUGH, Laura			
153	3:25:31	WALKER, Michael			
154	3:26:27	ROBERTS, Hilary		Bourneville Harriers	
155	3:32:08	ADDISON, Michael			
156	3:33:27	COLLINS, Robbie		British Military Fitness	
157	3:36:22	RAY, Stephanie			
158	3:36:51	HALL, Michael			Men Over 45
159	3:43:10	OWEN, Katherine			
160	3:54:29	ROGERS 6, Denise	6	West Bromwich Harriers	Women Over 45

Min/Mile	Race No	Pos
05:31.1	160	1
06:02.5	193	2
06:10.3	27	3
06:18.6	177	4
06:24.8	26	5
06:25.6	148	6
06:34.3	155	7
06:40.7	153	8
06:44.3	60	9
06:46.3	131	10
06:53.6	8	11
06:53.9	175	12
06:54.4	101	13
06:55.0	98	14
06:56.0	169	15
06:56.2	182	16
06:58.8	36	17
06:59.3	167	18
07:00.1	132	19
07:04.2	183	20
07:06.0	191	21
07:07.6	120	22
07:08.3	86	23
07:15.7	172	24
07:17.0	151	25
07:17.2	6	26
07:17.8	136	27
07:19.2	74	28
07:19.6	187	29
07:20.8	102	30
07:21.6	197	31
07:22.5	173	32
07:23.2	168	33
07:23.7	13	34
07:23.7	142	35
07:25.5	85	36
07:26.1	161	37
07:27.4	186	38
07:27.9	174	39
07:28.0	140	40
07:28.9	127	41
07:29.2	65	42
07:29.5	99	43
07:29.8	129	44
07:30.3	84	45
07:31.9	17	46
07:32.7	1	47
07:35.9	66	48
07:40.8	154	49
07:42.2	35	50
07:44.5	192	51
07:48.1	113	52
07:49.8	179	53
07:50.9	47	54
07:51.4	48	55
07:52.3	92	56
07:53.1	190	57
07:53.7	5	58
07:59.1	93	59

07:59.4	180	60
07:59.6	121	61
07:59.8	166	62
08:00.3	126	63
08:02.6	111	64
08:04.3	42	65
08:04.5	73	66
08:07.2	96	67
08:07.8	95	68
08:08.4	162	69
08:09.9	82	70
08:10.5	194	71
08:14.0	29	72
08:14.3	94	73
08:14.7	68	74
08:16.4	196	75
08:16.5	130	76
08:16.6	195	77
08:18.0	77	78
08:19.6	184	79
08:19.8	21	80
08:20.7	69	81
08:21.7	188	82
08:22.2	20	83
08:22.5	71	84
08:22.5	70	85
08:24.8	163	86
08:24.8	170	87
08:27.0	53	88
08:27.7	158	89
08:30.7	90	90
08:32.6	171	91
08:33.2	83	92
08:33.5	58	93
08:34.9	143	94
08:35.8	14	95
08:36.8	165	96
08:37.4	134	97
08:37.4	133	98
08:38.8	50	99
08:39.0	51	100
08:40.6	88	101
08:40.9	44	102
08:42.3	176	103
08:43.3	135	104
08:43.4	52	105
08:43.5	49	106
08:44.0	72	107
08:44.1	122	108
08:44.8	62	109
08:45.1	185	110
08:45.4	12	111
08:45.6	138	112
08:45.8	156	113
08:46.4	89	114
08:46.5	145	115
08:47.2	76	116
08:47.7	57	117
08:51.1	46	118
08:53.0	80	119
08:54.2	3	120

08:55.0	125	121
08:56.5	7	122
08:56.7	157	123
08:57.2	56	124
08:57.6	112	125
08:59.4	159	126
09:04.1	150	127
09:05.0	78	128
09:08.3	147	129
09:11.8	64	130
09:17.5	41	131
09:17.5	39	132
09:19.5	61	133
09:20.7	118	134
09:21.8	31	135
09:22.8	32	136
09:24.9	55	137
09:26.3	164	138
09:26.8	30	139
09:27.4	178	140
09:30.0	91	141
09:30.8	4	142
09:33.5	28	143
09:33.5	54	144
09:36.9	128	145
09:39.4	146	146
09:41.4	152	147
09:44.2	79	148
09:52.4	106	149
09:56.6	144	150
09:58.5	15	151
10:05.4	124	152
10:16.4	81	153
10:19.2	87	154
10:36.2	97	155
10:40.2	67	156
10:48.9	9	157
10:50.4	10	158
11:09.3	103	159
11:43.3	137	160