

South Cheshire 5km Race 3

Friday 29 August 2014. 7:00 pm

Pos	Time	Name	Team	Cat	Grad	No
1	0:16:15	MOULTON, Carl (156)	Boalloy Running Club	All Men	05:13.7	1
2	0:16:34	BOULTON, Luke	Unattached	All Men	05:19.8	181
3	0:16:52	VALENTINE, Henry	South Cheshire Harriers	All Men	05:25.6	245
4	0:17:05	MORRISON, Daniel	Vale Royal AC	All Men	05:29.8	172
5	0:17:15	WILLIAMS, Ollie	South Cheshire Harriers	All Men	05:33.0	182
6	0:17:49	DONLAN, Darren	Unattached	Male V45	05:44.0	185
7	0:17:50	TAYLOR, Matthew	South Cheshire Harriers	All Men	05:44.3	199
8	0:17:50	MORRIS, David	South Cheshire Harriers	All Men	05:44.3	176
9	0:17:52	DURRANT, Andrew	South Cheshire Harriers	All Men	05:44.9	12
10	0:17:58	SMITH, Bradley	South Cheshire Harriers	All Men	05:46.9	187
11	0:18:13	VERNON, Mandy (246)	Trentham Running Club	Female V40	05:51.7	171
12	0:18:14	TAYLOR, Craig (66)	Trentham Running Club	All Men	05:52.0	11
13	0:18:26	HAIRE, Mick (129)	Boalloy Running Club	Male V50	05:55.9	4
14	0:18:33	SHEPHERD, David	Vale Royal AC	Male V45	05:58.1	183
15	0:18:38	BROUGH, Ian	Vale Royal AC	Male V40	05:59.7	217
16	0:18:40	PETTITT, Edward	Vale Royal AC	All Men	06:00.4	175
17	0:18:43	OLLIVER, Rob	Vale Royal AC	All Men	06:01.3	34
18	0:18:45	BARNETT, Gemma	Vale Royal AC	All Ladies	06:02.0	197
19	0:18:52	NEWTON, Sam	Trentham Running Club	All Men	06:04.2	163
20	0:19:11	MILES, Graham	Vale Royal AC	Male V45	06:10.3	170
21	0:19:19	RILEY, Kerry	Vale Royal AC	All Ladies	06:12.9	190
22	0:19:26	SMITH, Sophie	Crewe and Nantwich AC	All Ladies	06:15.2	7
23	0:19:36	RODWAY, Curtis	Unattached	All Men	06:18.4	161
24	0:19:44	BENNETT, Giles	Bury AC	Male V45	06:21.0	193
25	0:19:54	CIUHAT, George	Unattached	All Men	06:24.2	246
26	0:20:02	PORTER, Harry (11)	Boalloy Running Club	Male V40	06:26.8	2
27	0:20:03	TODD, John	Vale Royal AC	Male V50	06:27.1	198
28	0:20:11	DEAN, Chris	Unattached	All Men	06:29.7	3
29	0:20:21	STEELE, Adam	Unattached	All Men	06:32.9	194
30	0:20:31	KAINE, Martin	Unattached	Male V45	06:36.1	15
31	0:20:41	MCWILLIAMS, Raymond	Unattached	Male V40	06:39.3	195
32	0:20:44	KELLY, James	Unattached	All Men	06:40.3	173
33	0:20:54	FINN, Eugene	Unattached	Male V50	06:43.5	18
34	0:21:00	JONES, Steve	Biddulph Running Club	Male V45	06:45.4	165
35	0:21:22	PHILLIPS, Simom	Wrexham AC	Male V50	06:52.5	244
36	0:21:34	NIMMO, David (330)	South Cheshire Harriers	All Men	06:56.4	48
37	0:21:44	PETTITT, Clara	Vale Royal AC	All Ladies	06:59.6	23
38	0:21:52	FAWKES, Charlie	Vale Royal AC	All Men	07:02.2	66
39	0:21:55	FAWKES, Geoff	Vale Royal AC	Male V40	07:03.1	196
40	0:22:06	SMITH, Holly	Crewe and Nantwich AC	All Ladies	07:06.7	177
41	0:22:19	HEATHCOCK, Clive (45)	South Cheshire Harriers	Male V55	07:10.8	40
42	0:23:15	STUBBS, Joshua	Crewe and Nantwich AC	All Men	07:28.9	191
43	0:23:20	CLARKE, John	Vale Royal AC	Male V60	07:30.5	239
44	0:23:25	GRINNELL, Ellie	Crewe and Nantwich AC	All Ladies	07:32.1	41

45	0:24:07	HARPER GRIFFITHS, Ryan	Crewe and Nantwich AC	All Men	07:45.6	6
46	0:24:09	STEELE, Dean	Unattached	Male V45	07:46.2	186
47	0:24:12	HUGHES, Janice	Unattached	Female V55	07:47.2	184
48	0:24:45	SMITH, David	Unattached	Male V45	07:57.8	57
49	0:24:56	STEELE, Edmund	Unattached	Male V55	08:01.4	188
50	0:25:20	SHEPHERD, Steve	Unattached	Male V50	08:09.1	180
51	0:25:20	SHEPHERD, Rachel	Unattached	All Ladies	08:09.1	179
52	0:25:25	PETTITT, Richard	Vale Royal AC	Male V50	08:10.7	174
53	0:25:35	HUDSON, Paul	Vale Royal AC	Male V55	08:13.9	169
54	0:25:54	COULL, Graham	Delamere Spartans	Male V60	08:20.0	10
55	0:28:05	SODHA, Selina	South Cheshire Harriers	All Ladies	09:02.2	61
56	0:31:28	MCGRATH, Shaun	Vale Royal AC	Male V65	10:07.5	168
57	0:33:41	RIDGWAY, Meryl	Unattached	Female V55	10:50.3	200
58	0:38:01	LING, Kathy	Wrekin Road Runners	Female V65	12:14.0	112