



**SOUTH CHESHIRE
HARRIERS**

We meet every

Tuesday and Thursday

at the

Vagrants Sports Club

Willaston

at

6:45pm; running at 7pm



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South Cheshire Harriers is a club for all runners.

We run for pleasure and to get fit; on roads, field footpaths and on the hills.

During the winter we are limited to the pavements: around Willaston, Wistaston, Nantwich and Shavington. In summer we also run field footpaths and can range further afield.

We have members who are keen road racers; members who are keen fell runners; members who are fleet of foot and members who are joggers. What we all have is an enthusiasm to run with a group of like-minded people. You will always have someone to run with, to help and to encourage you.

Some of our members have coaching qualifications, so can advise if needed.

Come along and try running with us.

**We welcome runners of all abilities
and there's no obligation to join.**

www.southcheshireharriers.org.uk

0845 838 7568

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