



SOUTH CHESHIRE HARRIERS

We meet every

Tuesday and Thursday

at the

**Vagrants Sports Club
Willaston**

at

6:45pm; running at 7pm

South Cheshire Harriers is a club for all runners.

We run for pleasure and to get fit; on roads, field footpaths and on the hills.

During the winter we are limited to the pavements: around Willaston, Wistaston, Nantwich and Shavington. In summer we can run field footpaths and range further afield.

We have members who are keen road racers; keen fell runners; members who are fleet of foot and members who are joggers. What we all have is an enthusiasm to run with a group of like-minded people. You will always have someone to run with, to help and to encourage you.

Some of our members have coaching qualifications, so can advise if needed.

Come along and try running with us.

We welcome runners of all abilities and there's no obligation to join.

www.southcheshireharriers.org.uk

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